



INSTRUCTIONS TO FOLLOW AFTER YOUR SCULPTRA INJECTION:

1. For the next five days, massage the treated area 5 times per day for 5 minutes.
2. Within the first 24 hours after your treatment, apply an icepack or ice wrapped in a cloth (avoid putting ice directly on your skin) to the treatment area to help reduce swelling and bruising.
3. You may apply make-up a few hours after your Sculptra
4. Avoid sun exposure until swelling, redness and bruising have disappeared.
5. Report any prolonged swelling, lumps or longer-lasting signs/symptoms to our staff.

AFTERCARE POINTS TO REMEMBER:

1. A few days after treatment, when the swelling resolves, you may look as you did before treatment. This is normal and temporary as Sculptra works to gradually to replace lost collagen.
2. Visible results appear within the first few treatment sessions.
3. If your physician or nurse indicated that you need an additional Sculptra session, make sure an appointment has been scheduled for you in one month.