



Manhattan Beach Dermatology

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INSTRUCTIONS FOR AFTER CRYOSURGERY: LIQUID NITROGEN “FREEZING”

Treated areas initially look red and swollen but then will turn into dark scabs over the next few days.

No specific wound care or treatment is necessary. You can cover the area with a bandage if you wish, particularly if the area is irritated by clothing. Make up can be worn over treated areas on the face.

There are no restrictions on activities and you can get the area wet, play sports, and go swimming.

Tylenol or ibuprofen can be taken after treatment if there is significant discomfort, which usually only lasts for a few hours.

If a painful dark blister forms, the blister may be popped using a needle cleaned with rubbing alcohol. After the fluid leaks out, apply antibiotic ointment and a bandage and change daily.

Scabs may take 2 weeks to fall off, and up to 4 weeks on the legs and feet.

For warts: return for repeat treatment every 2-3 weeks until your warts are gone.

For pre-cancerous growths: return for further treatment immediately should the growth recur, and the treated area should be checked annually by a dermatologist.